# 2010 State Profile — Connecticut National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <a href="http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf">http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf</a>

In Connecticut, 195 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 28,250 clients in substance abuse treatment on March 31, 2010. The survey response rate in Connecticut was 91.0%.

### **Facility Operation**

			Clients in	<u>Treatmen</u>	t on March 31	, 2010	
	Facilities		Facilities All Clients		nts	Clients Under Age 18	
	No.	%	No.	%	No.	%	
Private non-profit	165	84.6	24,842	87.9	469	84.5	
Private for-profit	15	7.7	1,861	6.6	62	11.2	
Local, county, or community government	3	1.5	134	0.5	19	3.4	
State government	8	4.1	683	2.4	5	0.9	
Federal government	3	1.5	729	2.6	0	0.0	
Dept. of Veterans Affairs	2	1.0	711	2.5	0	0.0	
Dept. of Defense	1	0.5	18	0.1	0	0.0	
Indian Health Service	0	0.0	0	0.0	0	0.0	
Other	0	0.0	0	0.0	0	0.0	
Tribal government	1	0.5	1	<.05	0	0.0	
Total	195	100.0	28,250	100.0	555	100.0	

# **Primary Focus of Facility**

			Clients in	<u> Freatmen</u>	t on March 31	, 2010
	Facilitie	es	All Clier	ıts	Clients Unde	r Age 18
	No.	%	No.	%	No.	%
Substance abuse treatment services	103	52.8	13,278	47.0	189	34.1
Mental health services	13	6.7	642	2.3	12	2.2
Mix of mental health & substance abuse						
treatment services	74	37.9	13,830	49.0	349	62.9
General health care	4	2.1	490	1.7	0	0.0
Other/unknown	1	0.5	10	<.05	5	0.9
Total	195	100.0	28,250	100.0	555	100.0

#### **Substance Abuse Problem Treated**

			Clients in T	reatmen	t on March 31, 2010		
	Facilities <sup>1, 2, 3</sup>		Facilities <sup>1, 2, 3</sup> Clients <sup>3</sup> Clients		Clients <sup>3</sup>		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over		
Clients with both alcohol and drug abuse	170	92.4	9,207	32.6	328		
Clients with drug abuse only	163	88.6	15,725	55.7	574		
Clients with alcohol abuse only	142	77.2	3,315	11.7	120		
Total <sup>2</sup>	184		28,247	100.0	1,022		

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<sup>&</sup>lt;sup>1</sup> Facilities may be included in more than one category.

<sup>&</sup>lt;sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

<sup>&</sup>lt;sup>3</sup> Sum of individual items may not agree with the total due to rounding.

••			Cli	onte in Tr	aatment on M	larch 31, 2010	
	Facilitie	s¹	All Clients			Clients Under A	
					Median No. of Clients Per		
Outpatient	No. 139	% 71.3	No. 26,654	94.4	Facility 91	No. 521	93.
	120	61.5	10,720	37.9	55	321	93.
Regular Intensive	76	39.0	1,584	5.6	14		
	30	15.4	343	1.2	12		
Day treatment/partial hospitalization Detoxification	30	15.4	343 376	1.2	8		
Methadone/buprenorphine	31	15.4	13,631	48.3	432		
·	52	26.7		46.3 <b>4.5</b>	432 <b>15</b>	34	6.
Residential (non-hospital) Short term	<b>32</b> 17	2 <b>6.7</b> 8.7	<b>1,278</b> 323	4.5 1.1	20	34	0.
Long term	39	20.0	921	3.3	14		
Detoxification	3	1.5	34	0.1	13	•	•
Hospital Inpatient	17	8.7	318	1.1	9	0	0.
Treatment	12	6.2	118	0.4	4		
Detoxification	16	8.2	200	0.7	12		
Total	195	Į	28,250	100.0	50	555	100.
Opioid Treatment Programs (OTPs)	No.	% <sup>1</sup>	Accreditation	_	pprovai, Ce	rtification, or	_
Facilities with OTPs	41	3.5			_	Facilities	
						No.	9
Clients in Facilities with OTPs			Any listed age			181	92.
Methadone	13,943	97.5	State substan			129	66.
Buprenorphine	355	2.5	State mental I			117	60.
Total	14,298	100.0	State departm			173	88.
<sup>1</sup> Percentage of all OTP facilities that are in this State or	jurisdiction.		Hospital licens	-	rity	22	11.
			The Joint Cor	nmision		64	32.
Facility Payment Options			CARF <sup>2</sup>			68	34.9
<u> </u>	Facilitie		NCQA <sup>3</sup>			6	3.
	No.	%	COA⁴			21	10.8
Cash or self-payment	177	90.8	Other State/L	ocal Agen	cy/Org	14	7.
Private health insurance	131	67.2					
Medicare	104	53.3				agency/organization.	
Medicaid	147	75.4	<sup>2</sup> Commission or			n Facilities	
Other State-financed health insurance	154	79.0	<sup>3</sup> National Comm		lity Assurance		
Federal military insurance	77	39.5	<sup>4</sup> Council on Acc	reditation			
Access to Recovery (ATR) vouchers <sup>2</sup>	66	33.9	Facility Fun	dina			
No payment accepted	1	0.5	r donney r di	unig	_	Facilities	;
Accepts other payments	2	1.0				No.	0
Sliding fee scale	145	74.4	Receives Fe	•			
Treatment at no charge for clients who			or local gove				
cannot pay	120	61.5	substance al	buse treatr	ment		
			programs			139	71.
<sup>1</sup> Facilities may accept more than one type of payment.							
<sup>1</sup> Facilities may accept more than one type of payment. <sup>2</sup> Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA,	ID, IL, IN,						

	Facilitie:	S
Types of Services Offered	No.	%
Assessment and Pre-Treatment Services	186	95.4
Screening for substance abuse	176	90.3
Screening for mental health disorders	161	82.6
Comprehensive substance abuse assessment/diagnosis	175	89.7
Comprehensive mental health assessment/diagnosis	112	57.4
Outreach to persons in the community who may need treatment	73	37.4
Interim services for clients when immediate admission is not possible	45	23.1
Testing	184	94.4
Breathalyzer/blood alcohol testing	150	76.9
Drug or alcohol urine screening	183	93.8 32.3
Screening for Hepatitis B	63	
Screening for Hepatitis C	63 75	32.3
HIV testing	75 54	38.5
STD testing	54	27.7
TB screening		40.5
Counseling		100.0
Individual counseling	185	94.9
Group counseling	191 162	97.9 83.1
Family counseling		
Marital/couples counseling  Transitional Services	130 <b>191</b>	66.7 <b>97.9</b>
	189	97.8 96.9
Discharge planning	151	
Aftercare/continuing care	132	77.4 <b>67.7</b>
Pharmocotherapies Antabuse®	51	26.2
Naltrexone	48	24.6
Campral®	46 67	34.4
Nicotine replacement	46	23.6
Smoking cessation medications (non-nicotine)	41	21.0
Medications for psychiatric disorders	117	60.0
Methadone	54	27.7
Buprenorphine	37	19.0
Subutex®	8	4.1
Suboxone®	36	18.5
Ancillary Services	194	99.5
Case management services	143	73.3
Social skills development	138	70.8
Mentoring/peer support	104	53.3
Child care for clients' children	21	10.8
Assistance with obtaining social services	160	82.1
Employment counseling or training for clients	78	40.0
Assistance in locating housing for clients	114	58.5
Domestic violencefamily or partner violence	75	38.5
Early intervention for HIV	63	32.3
HIV or AIDS education, counseling, or support	107	54.9
Hepatitis education, counseling, or support	78	40.0
Health education other than HIV/AIDS or hepatitis	102	52.3
Substance abuse education	187	95.9
Transportation assistance to treatment	88	45.1
Mental health services	150	76.9
Acupuncture	13	6.7
Residential beds for clients' children	7	3.6
Self-help groups	109	55.9
Smoking cessation program	53	27.2
	Facilitie	s
Clinical/Therapeutic Approaches Used Always or Often or Sometimes	No.	%
Substance abuse counseling	195	100.0
Relapse prevention	192	98.5
Cognitive-behavioral therapy	185	94.9
12-step facilitation	168	86.2
Motivational interviewing	176	90.3
Anger management	178	91.3
Continued.		

	Facilitie Facilitie	es
Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	No.	%
Brief intervention	168	86.2
Contingency management/motivational incentives	111	56.9
Trauma-related counseling	163	83.6
Rational emotive behavioral therapy	68	34.9
Matrix model	46	23.6
Community reinforcement plus vouchers	38	19.5
Other treatment approaches	28	14.4

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racility	Capacity	and Util	ızatıon	Rate

		Hospital
	Residential	Inpatient
Number of facilities	51	8
Number of clients <sup>2</sup>	1,268	216
Number of designated beds	1,284	259
Utilization rate (%)	98.8	83.4
No. of designated beds/facility (avg.)	25	32

<sup>&</sup>lt;sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
<sup>2</sup> Number of clients on March 31, 2010.

# Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilit	ies
	No.	%
Hearing impaired/sign language	53	27.2
Any language other than English	103	52.8
Services Provided by:		
On-call interpreter	6	5.8
Staff counselor	63	61.2
Both staff counselor and on-call		
interpreter	34	33.0
Languages Provided by Staff Counselor:1		
Spanish	96	99.0
American Indian/Alaska Native	0	0.0
Other	34	35.1

<sup>&</sup>lt;sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at: http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at: http://www.datafiles.samhsa.gov

Other substance abuse reports are available at: http://www.samhsa.gov/data/

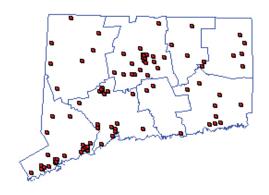
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services
Administration

Center for Behavioral Health Statistics and Quality www.samhsa.gov/data/

# **Programs for Special Groups**

	Facilitie	es
	No.	%
Any program or group	158	81.0
Co-occurring disorders	111	56.9
Adult women	95	48.7
Adolescents	27	13.8
DUI/DWI offenders	18	9.2
Criminal justice clients	32	16.4
Adult men	77	39.5
Pregnant or postpartum women	30	15.4
Persons with HIV or AIDS	29	14.9
Seniors or older adults	14	7.2
Lesbian, gay, bisexual, or		
transgender clients	4	2.1
Other groups	13	6.7

#### **Location of Treatment Facilities**



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

http://findtreatment.samhsa.gov/